

Sun Care

Beat the heat by keeping cool, drinking lots of water and wearing sun cream to protect against high UV.

Infants and young children are particularly vulnerable during hot weather. When playing outside on hot days. Make sure they have plenty of water to keep them hydrated and sun cream to keep them protected.

If you plan to be out in the sun long enough to risk burning. Sunscreen should be applied twice. 30 minutes before going out, just before going out. Keeping regularly topped up. Especially if perspiring or swimming.



2022 FLU CLINICS

This year, the Flu clinics will be held again at Beeswax Dyson Farm, on Saturday 24th September and Saturday 22nd October.

Appointments will be available to book from mid-August onwards

Those eligible for NHS flu vaccine in 2022/23 are:

- those aged 65 years and over
- those aged six months to under 65 years in clinical risk groups (as defined by the influenza chapter in 'Immunisation against infectious disease' (the 'Green Book')
- all children aged two to 10 (but not 11 years or older) on 31 August 2022 (i.e. up to school Year 6)
- pregnant women
- those in long-stay residential care homes
- Carers
- close contacts of immunocompromised individuals

In addition, the Department of Health and Social Care (DHSC) will be widening the offer of the free flu vaccine to more eligible groups. These additional groups will **only** be eligible once the most vulnerable, including previously announced pre-school and primary school children, those aged 65 years and over and those in clinical risk groups, have been offered the jab.

The additional groups set to be offered the free flu vaccine in England will be:

- all adults aged 50 to 64 years
- secondary school children in years 7, 8 and 9, who will be offered the vaccine in order of school year (starting with the youngest first)

The NHS will announce in due course when and how eligible groups will be able to book an appointment for their COVID-19 autumn booster, and when people aged 50 to 64 years old who are not in a clinical risk group will be able to get their free flu jab.

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Stickney Surgery

Summer 2022 Newsletter



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Hearing Aid Batteries

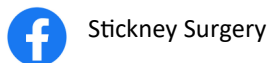
Good News— we have teamed up with Specsavers so we can now provide you with hearing aid batteries from within the Surgery. If you are under the care of Specsavers for your hearing aids, just come into the Surgery with your Battery Replacement Card and ask for new batteries. We will then collate this information, and send it to Specsavers so you don't have to.

New Staff

We are sure you will join us in welcoming Ruth to Stickney Surgery. Ruth has joined our nursing team as a Practice Nurse. Ruth has been a nurse for a number of years and brings with her a lot of skills and experience. Alongside this, we also welcome a new Patient Services Advisor, and we will also have two new Dispensers joining our Dispensary Team shortly.

Our Social Pages

Did you know you can find us on Facebook and Instagram? We often post regular updates on our pages, so why not give us a follow?



Would you like to sign up for newsletters by email?
Please speak to reception. To register for email

Friends and Family Data

At Stickney, we collect feedback after your appointment to see how we did, and see where we can improve our services. This is anonymous, and you can choose to keep this feedback private if you prefer. The Friends and Family Test (FFT) is an important feedback tool that supports the fundamental principle that people who use NHS services should have the opportunity to provide feedback on their experience. Listening to the views of patients and staff helps identify what is working well, what can be improved and how. We will either send you a text message, or you can collect a form from the Patient Services Team to fill out and hand back to us.

COVID-19 Autumn Booster 2022

JVCI/NHS advise, those eligible for a further dose will be:

- all adults aged 50 years and over
- those aged 5 to 49 years in a clinical risk group, including pregnant women
- those aged 5 to 49 years who are household contacts of people with immunosuppression
- those aged 16 to 49 years who are carers
- residents in a care home for older adults and staff working in care homes for older adults
- frontline health and social care workers

Please check the practice website for COVID vaccination up-

Medication Delivery Service

We offer a medicine delivery service for our dispensing patients requesting routine repeat prescriptions. The service will be open to the following patient groups:

- Any housebound patient
- Patients aged 65 years and over
- Any relative of a patient aged 65 years and over within the same household.

The service is free of charge. If you are interested in signing up to this service, please inform a member of the Patient Services team.

Help us to improve our services: Join our Patient Participation Group

The aim of this group is for patients and staff to work together to help improve the services that are offered. This group is composed of patients who wish to take a more active interest in their local GP surgery and in developing local health services.

If you are interested in joining this group, please contact the patient services team for details and collect a registration form.

Please check the noticeboard for regular updates.



The surgery car park is for patient use only, due to limited space we encourage patients to vacate the car park as soon as possible.

Patients are asked NOT to:

- leave vehicles in the car park while visiting the local shop, dropping off school children or use the car park for any other reason than to attend the surgery.
- double park as you may block in a doctor and stop them attending a medical emergency

A Parking bay is allocated for patients with disabilities. A disabled badge must be displayed in the car parked in the disabled space.